

Naturopathic Wellness Center (NWC)  
@ Integrative Medical Clinic (IMC)  
175 Concourse Boulevard - Santa Rosa, CA 95403  
Phone: 707-284-9200 Fax: 707-284-9204

**NOTE:** Please bring in all prescription medications, herbs, vitamins & supplements you are currently taking to your first office visit. Please bring these in the actual bottle. **Current (3-6months) laboratory testing data is also beneficial to bring to appointment.**

**OFFICE POLICIES AND CONSENT TO NATUROPATHIC HEALTH COUNSELING:**

These office policies have been created to better serve you. Please read the following and sign the bottom.

**Appointment Fees:**

Adults: The initial visit is generally 60 to 90 minutes and cost \$245.

Follow up visits will average 30 - 45 minutes and cost \$105 - \$165.

Children (12 and under): The initial visit will cost \$225; follow up visits will be \$75 - \$125.

House calls are a welcomed service with an additional \$50 fee.

Telephone conversations *more* than 5 minutes will be billed at session fees.

Payment is due at the time of services – cash, check, Visa or Mastercard. You will be charged an additional \$30 if the check is returned. If you have insurance, we can generate a bill for you to submit to your carrier for possible reimbursement. Please inquire at the front desk upon arrival to appointment.

**Those with Medicare Part B Insurance coverage:**

If you have a current referral to Dr. Goldberg or Dr. Michaels by Dr. Dozor or Barnett, then payment is not due at time of service and will be processed through your current Medicare Part B coverage.

**Cancellation:**

You may be charged for a missed appointment or late cancellation, if you do not provide 48 hour notice. Please be respectful that your appointment is time reserved for you. The practice is usually booked out 1 – 2 weeks ahead of schedule.

Dr. Moses Goldberg and Dr. Dana Michaels are independent practitioners' at IMC. As a patient of Dr. Goldberg or Dr. Michaels, you agree to indemnify and hold IMC harmless of any liability you feel arises during your visit or by subsequent counseling.

I have read, understand and agree to the above office policies.

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

## Comprehensive Patient Health History Questionnaire

Holistic and preventative medicine is best accomplished when the doctor has a thorough understanding of the patient's physical, mental and emotional condition. The information on this questionnaire will help the doctor understand your needs and how to help you reach your health goals.  
Please print all information and put a question mark by anything that you don't understand.  
Thank you for taking the time and effort to complete this form.

**What are your most important health concerns? List as many as you can in order of importance.**

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

**When did you last go to the doctor's office, medical clinic or hospital? What was the reason?**

\_\_\_\_\_

### Childhood immunizations and vaccines

Polio	Yes	No	Diphtheria	Yes	No	Tetanus shot	Yes	No
Pertussis	Yes	No	Measles/Mumps/Rubella	Yes	No			
Other	_____							

Hospitalizations and/or Surgeries? \_\_\_\_\_

\_\_\_\_\_

### Allergies

Do you have any reaction to foods, drugs or other allergens in your environment (cats, mold, dust)?

Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please explain. \_\_\_\_\_

\_\_\_\_\_

### Current Medications

Please list any prescription medications, over-the-counter drugs, vitamins, minerals, herbs and other supplements that you are taking at this time and how much of these with doses.

- 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

Were there any problems during pregnancy or birth (ie drug or alcohol addition, severe stress, premature birth, C-section etc.)? \_\_\_\_\_

\_\_\_\_\_

Weight and Height? \_\_\_\_\_

# Review of Symptoms

Check line if any symptoms are current or in the past noteworthy

## **SKIN & NECK**

Rashes \_\_\_\_\_  
Swollen Glands \_\_\_\_\_

Eczema, Hives \_\_\_\_\_  
Night Sweats \_\_\_\_\_

## **RESPIRATORY**

Cough \_\_\_\_\_  
Asthma \_\_\_\_\_  
Difficulty breathing \_\_\_\_\_

Spitting up blood \_\_\_\_\_  
Pneumonia \_\_\_\_\_  
Bronchitis \_\_\_\_\_

## **EYES**

Impaired vision \_\_\_\_\_  
Plugged Tear duct \_\_\_\_\_

Glasses / Contacts \_\_\_\_\_

## **CARDIOVASCULAR**

High blood pressure \_\_\_\_\_

Murmurs \_\_\_\_\_

## **EARS**

Impaired hearing \_\_\_\_\_  
Dizziness \_\_\_\_\_

Ringing \_\_\_\_\_  
Earache \_\_\_\_\_

## **GASTROINTESTINAL**

Trouble Swallowing \_\_\_\_\_  
Nausea \_\_\_\_\_  
Vomiting blood \_\_\_\_\_  
Bowel Movements how often ? \_\_\_\_\_

Reflux \_\_\_\_\_  
Vomiting \_\_\_\_\_  
Burping or gas? \_\_\_\_\_  
Is this a change? \_\_\_\_\_

## **NOSE and SINUS**

Frequent colds \_\_\_\_\_  
Hay fever \_\_\_\_\_

Stuffiness \_\_\_\_\_  
Sinus problems \_\_\_\_\_

## **MOUTH and THROAT**

Frequent sore throat \_\_\_\_\_

Gum problems \_\_\_\_\_

## **URINARY**

Pain on urination \_\_\_\_\_

Frequent infections \_\_\_\_\_

## **FEMALE REPRODUCTIVE**

Age menses began \_\_\_\_\_  
Bleeding between periods \_\_\_\_\_

Average number of days \_\_\_\_\_  
Painful menses \_\_\_\_\_

## **MALE REPRODUCTIVE**

Circumcised ? \_\_\_\_\_

Descended Testes \_\_\_\_\_

## **SLEEP**

How long does child sleep in the night? \_\_\_\_\_  
Does your child nap and for how long? \_\_\_\_\_

How often does child wake up? \_\_\_\_\_

Does anyone in the household Smoke? \_\_\_\_\_  
Pets? How Many? \_\_\_\_\_

New Construction in the home? \_\_\_\_\_

Mold in home? \_\_\_\_\_

Do you read bedtime stories to your child? \_\_\_\_\_  
Does your family eat meals together? \_\_\_\_\_

Foreign Travel? \_\_\_\_\_  
TV/Computer use – How long? \_\_\_\_\_